

## PE & Sport at Bishop Loveday in Term 3, 2019-2020

All pupils enjoyed Martial Arts Workshops led by local instructor Elliott Manning this term. Following this fun packed day, quite a few of our pupils have signed up for weekly training sessions with Elliott.

Please see below for all PE & sport activity for Term 3:

### Curriculum lessons

Children have been covering the following during lesson time:

- **EYU** Have been enjoying sessions using the Healthy Movers resources. They have also been using music to inspire different movements. Small groups have also managed some Bikeability sessions.
- **Year 1** Dance has been using resources from the BBC relating to the The Great Fire of London – great cross curricular link! Outside sessions have been focused on football skills.
- **Year 2** Have been learning their Pirates Dance in preparation for their performance to parents. During outdoor lessons pupils have been using tennis equipment to practise their striking and fielding skills.
- **Year 3** Have been learning and practising rolls during gymnastics. During outdoor sessions orienteering using cones on the playground and maps of the school grounds have all been team challenges faced by the children. They also enjoyed sessions with Banbury United football coach Ryan Jones.
- **Year 4** Have been learning a dance to link with their topic 'Road Trip USA'. They have been focusing on Personal Challenge using Circuit Training during their outdoor sessions.
- **Year 5** The focus for their outdoor session has been hockey, reminding how to dribble, pass and introducing tackling have been the skills covered this term. SPA have been swimming at Spiceball. 5DC have been working on their gymnastics skills on the floor.
- **Year 6** Have been playing Hockey during their outdoor sessions. Dribbling, passing and tackling have been the skills covered with mini/conditioned games allowing them to put all these skills together in a team situation. Their indoor session has been dance, with the focus of Victorians – they used a song from Mary Poppins and the hall was full of chimney sweeps using metre sticks as brooms!

### School Clubs

- All outside clubs have restarted after the Christmas break.
- 'This Girl Can' Club has been relaunched and is now being supported by our newly trained Active Girls Leaders.
- We are delighted to welcome Elissa back to BLS to lead Netball Club.
- After a well-earned break, Mr Hicks is back running our after school Football Club. We have been able to offer it to Years 4, 5 and 6 pupils.

### Competitions

- We took 5DC to the NOSSP Sportshall Athletics Competition. Year 5 & 6 pupils from Cropredy, St John's, St Joseph's and Orchard Fields all took part in this fun event. Children ran, jumped and threw for their team and after all points had been added up, Team BLS finished 3rd out of 5 – well done everyone!
- Six of our more experienced Table Tennis players took part in the Oxon Schools Table Tennis Competition in Kidlington. This was the first time we have taken part in this event. Everyone had a lovely afternoon playing against children from across the County. Thank you to Dave Joyner and Bodicote Table Tennis Club for their continued support.

- We entered a Year 5 team into the NOSSP Banbury area 'In 2 Hockey' tournament. The event was held at BGN and was in Round Robin format. We played against teams from Hill View, Cropredy, Dashwood, Queensway, William Morris & Harriers schools. Winning all but one match, we finished second to a strong Hill View Team. Well done everyone – next stop is the North Oxon Finals.
- Over 20 of our pupils took part in the Banbury Area Junior Graded Table Tennis competition run by the local Table Tennis Association. This is great evidence of how well supported our pupils are to progress through from after school club to community club and beyond.

### **Equipment**

- New footballs have been ordered for the new Club.

### **Staff & courses**

- Our Sports Co-ordinator attended a BGN Family meeting.

### **Leadership**

- PE Co-ordinator has had a meeting with our Sports Leaders & new Active Girls Leaders. See folder for minutes.
- Six of the Playground Leaders attended a NOSSP Leadership Academy at BGN. This was for them to work with other KS2 & KS3 Leaders and train to assist in the delivery of the Year 1 Multi-Skills Festival next term.

### **Impact on children**

- Playground Leaders and Sports Leaders continue to deliver activities to other pupils at lunch times. Giving them Leadership responsibilities helps develop important life skills. It also helps younger children who don't have a focus at lunchtimes.
- Inter School competitions, allowing our pupils to represent our School against other schools. Celebrating success and encouraging all to take part.
- Continuing to develop links with other schools, both primary and secondary, state and independent, extending our pupils' sporting experience.
- A wide range of PE offered in lessons and clubs, offering pupils the chance to try different activities.
- Developing links with community clubs, giving pupils a chance to try different sports and making the pathway easier to access sport out of school time.
- Encouraging pupils to choose a healthy lifestyle by taking part in regular exercise.
- Ensuring we take the 2 hours a day of activity, as laid down by Government, seriously.
- Attending inclusive festivals will increase the self-belief and confidence of our less active/disadvantaged/vulnerable pupils.
- PE Co-ordinator kept updated with changes and developments within this area of the curriculum. Allowing changes to and enhancing the provision for children within PE and Sport.
- Giving the opportunity for children to experience a variety of sports – taster sessions have led to children signing up to sessions at community clubs. Great to see more of our pupils enjoying regular exercise.