

PE & Sport at Bishop Loveday in Term 1, 2019-2020

The start of a new school year is always busy and as far as PE and Sport at BLS is concerned we have certainly hit the ground running!

NOSSP inter school festivals and competitions are well and truly underway, as are our after-school sports clubs. New Playground and Sports Leaders have been selected and are being trained for their respective roles.

Curriculum Lessons

Children have been covering the following during lesson time:

- **EYU** Have been looking at different ways of moving and finding space. Parachute games through the Healthy Movers set of resources have also been enjoyed.
- **Year 1** Dance focus for this term was 'The Greedy Giraffe'. Outside they have enjoyed sessions with CDC Youth Activators. They have been introduced to lots of invasion and team style games – something that the teachers will enjoy playing with the children later in the year.
- **Year 2** Started with throwing and catching skills using different objects. Leading to team/invasion style games and relay races. Indoor PE has been gymnastics in the hall.
- **Year 3** Have been using Twinkl resources to teach gymnastics. Exploring gymnastic shapes with their bodies on the floor and equipment. Football has been the focus for outdoor lessons. Control with dribbling and passing skills alongside teamwork and perseverance.
- **Year 4** 4SV have started their swimming lessons at Spiceball. 4SJ have started their British Gymnastics Proficiency Awards. Both Year 4 classes have been enjoying learning netball skills, drills & rules during their outdoor PE sessions. They have also been using 2 minutes of skipping as their Personal Challenge.
- **Year 5** During outdoor lessons, Year 5 have been introduced to Tag Rugby drills and skills. Towards the end of term, we played games of Tag Rugby and finished with an intra competition. During wet lessons, they have started their Personal Challenge circuits.
- **Year 6** Have been using OAA to continue their team building challenges from Stackpole. Den building, code breaking and map skills alongside their skipping Personal Best challenge. Both classes have also been practising and playing Tag Rugby, finishing the term with an intra class competition.

School Residential

- Year 6 enjoyed beautiful weather during their weeks' residential in Stackpole. Plenty of outdoor activities including coasteering, mountain biking, orienteering, climbing, rock pooling & coastal walks. Pupils started the John Muir Award whilst they were there by helping with conservation work in the woods and recycling jobs within the Centre. They completed this by presenting their work in an assembly to their parents.

School Clubs

- School clubs have started with students signing up for over 120 places. We are able to offer the following clubs free of charge as they are led by staff/volunteers: Year 5 & 6 Tag Rugby, KS2 Netball, Year 4, 5 & 6 Hockey and Year 4, 5 & 6 Table Tennis. Active Friends and This Girl Can clubs are run by invitation to our KS2 pupils and are also free of charge.
- Dance and Karate clubs run weekly, led by a qualified coach/teacher, and are private hire of our facilities.
- Unfortunately we have not been able to run our successful Football club so far this year – Mr Hicks is enjoying a deserved rest from running it.

Competitions

- The first NOSSP competition of the year is always the Cross-Country event at Wykham Park Academy. We fielded 52 pupils across 6 teams with determination and self-belief on display from all competitors. Top 3 individual places were: Year 3/4 boys – 1st Stanley M. Year 5/6 boys – 2nd Lucas S. Team results were as follows: Year 1/2 girls came 7th, Year 1/2 boys came 5th, Year 3/4 girls came 4th, Year 3/4 boys came 4th, Year 5/6 girls came 2nd and Year 5/6 boys finished 1st. Overall BLS finished 2nd out of 12 schools in the Banbury Area Cross Country Competition. Some of our runners have qualified for the North Oxon Finals in November. Congratulations to everyone who took part.
- Next in our competition calendar was a new event hosted by Cropredy School and Oxfordshire Cricket Association. Unfortunately, due to the weather, the event didn't take place at Cropredy. However, we were delighted to welcome Rory (SSCO from BGN) and a group of Sports Leaders from BGN, who delivered the Allstars Cricket Festival for all of our Year 2 pupils in our playground. Everyone had a lovely morning and they managed to beat the rain.
- A change to the next event meant that the Year 3 & 4 mixed football tournament became a 6-a-side Banbury Area competition held at Wykham Park Academy. With new regulations from the FA there is no progression to County Finals anymore. A total of 28 teams from 12 Primary schools brought teams to the event where the focus was respect, having fun and giving everyone a chance to play football at their level. With an A, B & C team in the Cup, Plate & Shield competitions we were very well represented. The results were: BLS A – Cup runners up, BLS B – Plate winners, BLS C Shield joint winners.
- The NOSSP Year 5/6 mixed Tag Rugby competition took place at Banbury Rugby Club. Mr Crowther has had a fabulous response to his Tag Rugby Club this term, we were therefore able to enter two teams in this large event. Again, there were three competitions running on the day; Cup, Plate and Shield. Due to our success in previous years, both our A & B teams competed in the Cup. After some close matches our A team finished 5th and our B team finished 7th. Some great teamwork and examples of Growth Mindset were on display all day.
- During the last week of term, we were invited to take a group of 12 Year 3 & 4 pupils to an Orienteering Festival at Wykham Park Academy. This event is aimed at our children who attend our Active Friends and This Girl Can clubs. Groups were led by Young Leaders from Wykham Park Academy and the School Games Values were honesty and teamwork.

Equipment

- New footballs, beanbags, netball bibs, storage bags and electric pump have been ordered to renew stocks and replace broken equipment.

Staff & Courses

- Our Sports Co-ordinator attended the first BGN family PE meeting of the year. These give PE coordinators a chance to meet and chat through upcoming events. They are led by the SSCO – Rory from BGN.
- We also attended a NOSSP Primary PE day held at Sibford School. There were presentations from YST & British Cycling. We were also presented with our Gold School Games Award for 2018-19.
- Lesson observations in Year 1 & 4 were completed by subject co-ordinator.
- A Lunchtime Supervisor attended NOSSP training to support our Playground and Sports Leaders with activities at lunchtimes.

Leadership

- Our new Year 5 Playground Leaders, and a Teaching Assistant who will be supporting our Leaders during lunchtimes, received a day of training from Rory Mawn – SSCO from BGN. This was extremely successful, and they are all eager to get started with their lunchtime activities.
- Year 6 Sports Leaders were selected, and it will be their responsibility to run lunchtime clubs for Year 1, 2 & 3 pupils, keep PE cupboards & equipment tidy, and support at sporting events held in school. They are currently being trained in leading a multi-skills sports club by the CDC Activators on Tuesday lunchtimes.
- Our School and Sports Council have met and will be working on various projects during the year.

Impact on Children

- Playground Leaders were given suitable training to help them with their new responsibilities. This will ensure that appropriate activities are led with confidence for younger pupils during lunchtimes.
- A member of staff also attended the training which will give the new leaders support in their new role.
- Inter school competitions, allowing our pupils to represent our school against other schools. Celebrating success and encouraging all to take part.
- Continuing to develop links with other schools, both Primary and Secondary, State and Independent, giving pupils opportunities to take part in sports events in lots of different settings.
- Continuing to work with NGBs and local Associations to ensure our pupils experience a broad range of sporting experiences.
- A wide range of PE offered in lessons and clubs, offering pupils to try different activities.
- Developing links with community clubs, giving pupils a chance to try different sports, and making the pathway easier to access sport out of school time.
- Encouraging pupils to choose a healthy lifestyle by taking part in regular exercise.
- Ensuring we take the two hours a day of activity, as laid down by Government, seriously makes a positive impact on children's physical and mental health.
- A residential at the beginning of the school year helps form friendships and gives children time to appreciate different surroundings.
- Offering after school clubs for less confident or active pupils allows them to develop skills, in a less competitive and more relaxed atmosphere.
- Ensuring that ALL pupils benefit from inter school sport – this includes G&T, SEN, P/P & D/A children.
- Level 1 competition taking place within curriculum time allows everyone to put their skills into practice, enjoy competition, and develop leadership skills in the process.