

PE & Sport at Bishop Loveday in Term 2, 2019-2020

The inclement weather this term meant that some outdoor PE sessions were moved indoors and inter school sports competitions were postponed. Read on for further details.

Curriculum lessons

Children have been covering the following during lesson time:

- **EYU** Have used the Healthy Movers Pack – parachute games, finding different ways of moving and healthy eating have all been included in PE lessons this term.
- **Year 1** Have been learning dance routines for the Christmas productions. They have also been working on multi skills both inside and outdoors.
- **Year 2** Focus has been multi skills in preparation for their festival. Indoor circuits have also been used during their hall lessons.
- **Year 3** Have been learning dances for their Christmas performances. They have also been focussing on gymnastics skills. During outdoor sessions, Skip to be Fit challenges have been taking place as children work on performing their personal best.
- **Year 4** 4SJ have been at Spiceball this term having their swimming lessons. Hockey has been the focus for outdoor sessions this term.
- **Year 5** Have really enjoyed putting their netball skills to use in games of High 5 games. Learning to play in different positions, on and off the court. During wet sessions they have been working on Personal Challenge. Indoor PE has been working on gymnastics – floor skills based around the British Gymnastics Proficiency Awards.
- **Year 6** Playing High 5 Netball matches have demonstrated their ball skills as well as teamwork and tactical awareness. Personal Challenge using gym circuits have also allowed them to work on their stamina and personal goals.

School Clubs

- Clubs have continued this term. Table Tennis has proved extremely popular and in order to accommodate as many pupils as possible, Mrs Smith has organised the club from Sept – Dec for one set of pupils and from Jan – April for the other group.
- Due to the afternoons getting darker, Netball and Hockey clubs will run their last sessions week ending 29th November. They will restart week commencing 27th January. Other school run sports clubs will finish week ending 13th December.
- If your child would like to join an after school club, please ask the School Office to check for available space and collect a permission letter.

BREAKING NEWS Mr Hicks has enjoyed a break and now would like to restart our Football Club in January. It will initially be offered to pupils in Year 5 & 6 and will run on Tuesdays. Please ask your child to sign up with Mrs Hammond. **Pupils will need shin pads and football boots.**

Competitions

- NOSSP Year 5 & 6 swimming gala took place at Spiceball Leisure Centre. We competed against: Harriers, Hill View, Hanwell Fields, St John's and Queensway schools. For the first time we were able to enter two teams, which meant that all our more able swimmers were able to take part. Some amazing performances and fabulous team spirit was on show from all pupils. Races covered all four swimming strokes, with pupils competing in individual and relay races. Our A team finished as Banbury Area Champions and our B team finished 3rd. Congratulations to all our swimmers.
- The re-arranged High 5 Netball competition took place at Wykham Park Academy. Nine teams from local schools took part in this busy morning of Netball. We played a Round Robin format ensuring that everyone played 8 matches. Our Year 5 team were up against some experienced and tall players. They played well, showing great teamwork and respect for their opposition. We finished 8th overall after winning two and drawing one of our matches.

- All Year 2 pupils took part in the NOSSP multi skills festival at BGN. The format of the afternoon was a selection of relay style races. We were joined at the event by pupils from: Hardwick, Orchard Fields and Longford Park schools. Everyone had a lovely afternoon and showed some great teamwork and determination.
- Following their tremendous efforts at the Banbury Area event, our most successful cross-country runners took part in the North Oxon Schools finals. This large event took place at Sibford School with qualifying teams from across Banbury, Warriner, Kidlington and Bicester schools taking part. With approximately 80 runners in each race it was fantastic to see some top 10 individual performances. Congratulations to the Year 5 & 6 girls and boys teams who finished 3rd and 1st respectively, and qualify for the County Finals.
- A group of Year 5 girls along with Mrs Gardner, attended an Active Girls workshop. This was held at BGN and run by Youth Sport Trust. It is an initiative from YST to encourage girls to be active and involved in physical activity throughout their life. The girls will work as ambassadors alongside Mrs Gardner to encourage and motivate all our girls to take part and have a go. This ties in nicely with our This Girl Can Club currently running by invitation after school on Fridays.
- The Cross-Country County Finals took place at Radley College during the penultimate week of term. Our Year 5 & 6 teams both showed amazing determination and self-belief during the event. Fourteen teams from all over the County competed with approximately 100 runners in each race. Congratulations to all our athletes, the boys team finished 8th and the girls 10th. We are super proud of all of our athletes.

Leadership

- Sports Leaders have completed their training and are now delivering sports activities at lunch times to younger pupils. They are also responsible for keeping PE equipment tidy.
- Six Year 5 girls attended an Active Girls workshop at BGN. They will be promoting girls being physical active within school.

Impact on children

- Playground Leaders were given suitable training to help them with their new responsibilities. This will ensure that appropriate activities are led with confidence for younger pupils during lunchtimes.
- A member of staff also attended the training which will give the new leaders support in their new role.
- Inter school competitions, allowing our pupils to represent our School against other schools. Celebrating success and encouraging all to take part.
- Continuing to develop links with other schools, both Primary and secondary, state and independent, giving pupils opportunities to take part in sports events in lots of different settings.
- Continuing to work with NGBs and local Associations to ensure our pupils experience a broad range of sporting experiences.
- A wide range of PE offered in lessons and clubs, offering pupils to try different activities.
- Developing links with community clubs, giving pupils a chance to try different sports, and making the pathway easier to access sport out of school time.
- Encouraging pupils to choose a healthy lifestyle by taking part in regular exercise.
- Ensuring we take the two hours a day of activity, as laid down by Government, seriously makes a positive impact on children's physical and mental health.
- A residential at the beginning of the School Year helps form friendships and gives children time to appreciate different surroundings.
- Offering after school clubs for less confident or active pupils allows them to develop skills, in a less competitive and more relaxed atmosphere.
- Ensuring that ALL pupils benefit from inter school sport- this includes G&T, SEN, P/P & D/A children.
- Level 1 competition taking place within curriculum time allows everyone to put their skills into practise, enjoy competition, and develop leadership skills in the process.
- Girls Active Leaders highly motivated to take ownership of leading the way to encourage girls to be involved with physical activity.