

Bishop Loveday is an attachment and trauma aware school. We understand that the experience of all children will be different and employ a 'watchful waiting' approach in line with our training. Any strategy used to support the children will be age appropriate. All children in our school are treated as individuals and no group of children will be treated differently from their peers. There will always be a sensitivity around information sharing.

To support children in our school we...

- Meet and greet them every day with a welcoming smile
- Keep the environment calm and inviting
- Notice them and keep them in mind "I thought about you at the weekend..."
- Help them to feel safe by allowing them to have a trusted adult that they can connect with
- Keep them close when they are showing signs of distress and tell them that they are safe
- Keep things predictable, use visual timetables and talk through tasks using 'now and next'
- Give them a safe space to calm strong emotions
- Give them a role so that they feel important and have a sense of belonging
- Provide sensory breaks, get them moving
- Teach them strategies to self-regulate
- Make things predictable
- Wait for them to volunteer, remind them alongside their friends of their task, not single them out so that they don't feel center of attention
- Support them with transitions by preparing them for the changes but reassuring them that they always have their trusted adult to return to, provide transitional objects
- Provide a structure to build their emotional literacy to recognise, understand, label and regulate their emotions