

PE & Sport at Bishop Loveday in Term 3, 2018-2019

This is always a quieter term for inter school sport. We have still competed in some NOSSP competitions and after school sports clubs have restarted.

Curriculum lessons

Children have been covering the following during lesson time:

- EYU – Forest school activities have been enjoyed by both classes this term. They have also been enjoying Healthy Movers lessons & practising and performing a Chinese Dance – this linked in nicely with their topic of Chinese New Year.
- Year 1 – have been in the hall this term learning dances relating to their topic: Great fire of London and Bright lights, big city. They have not been able to use their outdoor slot much due to the weather, so they have been inside looking at balancing & stretching.
- Year 2 – have been learning their Pirate dance. This links nicely with their topic and they all enjoyed performing this to their parents.
- Year 3 – have been learning rhythmic gymnastics during their indoor PE session. Working in pairs and using balls to develop a sequence of moves and balances. During their outdoor sessions their focus has been orienteering, working as teams to find their way around a course and simple map reading.
- Year 4 – have been working on their American Roadtrip dance. This ties in nicely with their topic. They will perform this to their parents in term 4. During outdoor sessions they have been working on personal challenges with circuits.
- Year 5 – 5PA have started their swimming sessions at Spiceball. Year 5 have been enjoying hockey. We finished the term with each class having a level 1 competition. They also enjoyed a lovely morning with Zoe, a coach from Oxfordshire Cricket. This really gave them the taste for the sport later in the year.
- Year 6 – have been practising their hockey skills. During icy sessions they have been working on personal challenges using gym circuit exercises: working in pairs to motivate each other they record their results, trying to improve quality and quantity. Indoor PE has been dancing this term.

School Clubs

- School clubs have started after the mid-winter break.
- Any pupils wishing to join an after-school club, need to ask the office for a letter. Please return the permission slip which informs us how your child will go home at 4.15pm.

Competitions

- A group of eight year 5 children attended the first Indoor Kwik Cricket Festival at BGN. They played games against teams from Hill View, Bloxham and Christopher Rawlins schools. They performed brilliantly and adults at the event commented on how well they played as a team. After a round robin start, we finished undefeated and played Hill View in the final. Team BLS won their final game finishing as North Oxon champions!
- 5DC represented BLS at the NOSSP year 5 & 6 Sports' hall Athletics competition at BGN. All pupils competed in throwing, jumping and relay races during an action-packed morning. They were joined by their peers from Cropredy, St John's and Orchard Field schools. 5DC finished 3rd overall – well done everyone.
- Our year 5 & 6 swimming teams followed their tremendous results in the Banbury area event by representing Banbury in the North Oxon finals this term. Competing against teams from: Hanwell Fields, Edward Field, Sibford, Langford Village and Bure Park, both our boy's and girl's

teams finished in 3rd place. They performed very well whilst overcoming a tricky start to the event. Well done everyone, we are very proud of you.

- A group of year 3 & 4 pupils had a lovely morning at the BGN inclusive sports' hall athletics event. This was a very well organised event, aimed at those children who wouldn't normally compete in athletics. All children worked to achieve their personal best in events such as: chest push, long jump, vertical jump, speed bounce, shuttle runs and target throws and as teams in relay races. The BGN young leaders did a great job in running the different activities.

Equipment

- We have had our application for a Lottery grant declined but feel we should reapply. We are in the process of re-writing our application and will submit it in due course.

Staff & courses

- PE co-ordinator attended the NOSSP BGN family meeting.

Leadership

- Playground and Sports' Leaders continue to work with our younger pupils at lunchtimes. They lead them in play and sports activities.

Impact on children

- Playground Leaders were given suitable training to help them with their new responsibilities. This will ensure that appropriate activities are led with confidence for younger pupils during lunchtimes.
- Sports Leaders have received training and support to run lunch time multi skills clubs. Leading games for our younger pupils helps those looking for a more structured play and mix with other children. It also gives the leaders responsibility, boosting their confidence, self-esteem and respect across the school community.
- A member of staff also attended the training which will give the new leaders support in their new role.
- Inter school competitions continue, allowing our pupils to represent our school against other schools and progressing to higher competitions following their success., celebrating success and encouraging all to take part.
- Continuing to develop links with other schools, both primary and secondary, state and independent, giving pupils opportunities to take part in sports events in lots of different settings.
- A wide range of PE offered in lessons and clubs, offering pupils to try different activities.
- Developing links with community clubs, giving pupils a chance to try different sports, and making the pathway easier to access sport out of school time.
- Encouraging pupils to choose a healthy lifestyle by taking part in regular exercise.
- Ensuring we take the 2 hours a day of activity, as laid down by Government, seriously makes a positive impact on children's physical and mental health.
- Offering after school clubs for less confident or active pupils allows them to develop skills in a less competitive and more relaxed atmosphere.
- Inter school festivals for the less active/less confident pupils ensures that pupils of all physical ability and inclinations enjoy participating in physical activity in a different venue and mixing with their peers from other local schools.